## **FACE EXPRESS**

**Communication that Connects** 

Contentment Zone

Composed Disposition

Complacent Pride — Charismatic Gaze

> Comfort Level

Compassionate Empathy

.014 ER 912



2nd Edition

Prof (Dr) Shalini Verma 'LIFOHOLIC'™





## Published by Books33

Email: support@books33.com

A unit of Taealam E-Solutions Pvt Ltd, New Delhi - 110096

Phone: +91-8376011031

Second Edition (English): 2021

ISBN: 978-81-952805-6-8

©2021, Dr Shalini Verma

Designing: Shamim Nida

Models: Natasha Jain, Sneh Anand, Shahzad Khan & Misbah Nida

All rights reserved. No part of this publication could be copied, stored, reproduced or distributed in any form, whether digital, print or any other without prior permission of the Author.

Requests for permission may be sent to shalini.verma@books33.com

Jurisdiction: All disputes with respect to this publication shall fall within the jurisdiction of courts, tribunals and forums in New Delhi, India, only.

## Contents

Acknowledgement	V
Preface	vi
About the Author	viii
About the Book	X
Chapter 1: Facial Expressions:	***************************************
The Reflection of Emotions	1
Chapter 2: Types of Facial Expressions	16
Chapter 3: Are Facial Expressions Universal, Culture-specific or Contextual?	42
Chapter 4:	
How to Decode Facial Expression?	56
Chapter 5:	
Smile, Its Types and Its Cultural Connotations	76
Chapter 6:	***************************************
Facial Expressions for	
Online (Virtual) Communication	9

## **About the Series**

fter helping hone 21st CENTURY COMMUNICATION SKILLS among young learners and professionals for 15 years with her bestselling titles in the non-verbal communication space, the author, Prof (Dr) Shalini Verma 'LIFOHOLIC', has come up with a new Multi-title Book Series on BODY LANGUAGE, FACIAL EXPRESSIONS FOR PUBLIC SPEAKING.

This series has been designed while keeping in mind the needs of the COVID-19 era, where communication is highly dependent on technology interface, and is interconnected and 'hybrid' in nature.

The pandemic has transformed the way communication was done earlier - from traditional Face-to Face (F2F) to modern Screen-to-Screen (S2S). So, it stands to reason that the approach to communication skills is also transformed in sync.

This MULTI-TITLE BOOK SERIES is an attempt in the direction of that transformation.

The first 2 books of the series are: BODY LANGUAGE: YOUR SUCCESS MANTRA. 2nd Edition and FACE EXPRESS: COMMUNICATION THAT CONNECTS, 2nd Edition

The 2nd editions of these bestselling titles are thoroughly revised and updated for the present-day communication challenges.

The idea behind the third book, BODY LANGAUGE 2.0: FOR THE ONLINE COMMUNICATION, is to address the challenge facing the world since the outbreak of the pandemic in early 2020 in terms of 'constrained' yet 'connected' communication modes, with our good old real brick-and-mortar workplaces morphed into makeshift workstations and classrooms.









C-24, CEL Apartments, Vasundhara Enclave, New Delhi - 110096 Web: www.books33.com Email: support@books33.com



MRP: INR 250/-



