

MAJOR HIGHLIGHTS

WEBINAR ON CANCER PREVENTION & CLEAN YAMUNA - PREVENT CANCER

We are aware of the fact that how fast the cancer is spreading nowadays, and awareness is one such thing that can save us. Keeping this in mind, the CSR committee DISHA of Jaipuria Institute of Management Noida has organized a campaign cum webinar in collaboration with "**Dharamshila Cancer Foundation and Research Centre**". The topic for the webinar was- "**Cancer Prevention & Clean Yamuna - Prevent Cancer**" on **31st October 2020**.

With over 100 participants joining us for the session the event began by committee junior coordinator Ritika Sharma hosting, introducing the guest speakers **Dr. Suversha Khanna** and **Dr. Pragya Singh** and Committee President **Rajat Dan** honouring them with the green certificates. Dr.Suvesha Khanna is currently founder cum president of Dharamshila Cancer Foundation And Research Centre. She registered the NGO- Dharamshila Cancer Foundation and Research Centre. Dr. Pragya Singh, Sr. manager – projects at Dharamshila Narayana Superspeciality Hospital she holds a total experience of 10 years. Her areas of interest are cancer prevention, tobacco cessation, behavioral modification, non-communicable diseases, and health literacy.

The first half of the event was handled by Dr. Suversha Khanna in which she touched upon various aspects in which she told there should be an acute need for prevention of cancer. The focus is to reduce the death rates from cancer. She told about how tobacco & alcohol consumption, eating junk foods, eating red meat etc. has higher chances of causing cancer. Though it's a curable disease if the treatment starts on time. 37% Women and 42% Men likely to get cancer there are total 75% cancer patients in the country. There is lack of awareness among people. The main issue on which she focused on was Breast cancer, its symptoms and how it can be prevented at early stages. Indeed, it was informative learnings she gave us. It created enthusiasm among the students, and they asked several questions which was nicely taken by her.

The other half was handed over to Dr. Pragya Singh in which she talked about how pollution is causing increase in cancer patients. The Clean Yamuna campaign on which she concentrated the ground realities she showed by statistics 70% of total pollution loaded in Yamuna in Delhi. The rising cancer incidence of Lung, Liver, kidneys and bladder where maximum patients came from most polluted part of Yamuna in Delhi. She also said about pesticides and metals how they are affecting high level of nitrates causing cancer. The way outs and the types of prevention of cancer was greatly described by her. By helping Yamuna, changing attitude, segregating waste, being vigilant was the key take away from which we can prevent this hazardous disease. Waste Management was one of the major things we all must take care of. She also talked about the lessons learned from Covid-19 and to think about our planet, nature.



SEVEN WARNING SIGNS OF CANCER

1. Unusual bleeding/ discharge from body.
2. A sore which does not heal for more than 2-3wks
3. Change in bowel or bladder habits
4. Nagging cough/ hoarseness
5. Difficulty in swallowing
6. Lump in breast or other part of the body.
7. Change in the size, shape and colour of a mole

LESSON LEARNED FROM COVID-19

Covid-19 Pandemic has forced us to take a moment and think what is happening to our planet ?

Earth	Earthquakes, Volcano's, decreasing size of glaciers
Water	Flooding, tsunamis, draughts
Fire	Jungle fires, Accidental fires
Air	Pollution, infections (Corona, Ebola, yellow fever, Influenza , Plague, Zika Virus, SARS etc.
Space	Increasing size of black hole and heating of the planet

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OIL INDIA VIGILANCE AWARENESS WEEK 2020

Disha, the CSR Committee of Jaipuria Institute of Management, Noida, in collaboration with Oil India Limited (OIL) organised the “Oil India Vigilance Week” from 27th October to 2nd November, 2020. The observance of the vigilance week every year primarily seeks to encourage all stakeholders to collectively participate in the prevention of and fight against corruption, by raising awareness with regard to the many grievances and threats that corruption poses for the holistic development of the society. The decided theme for the year was: “VIGILANT INDIA, PROSPEROUS INDIA (Satark Bharat, Samriddh Bharat)”.

The eventful week began with all participants taking an e-pledge to uphold highest standards of honesty and integrity and to follow rules of law in all walks of life, after which a Certificate of Commitment was presented to all (sample certificate attached below). Various events were organised in the following days which tried to capture the many creative ways through which participants expressed the importance of vigilantism and awareness for the prosperity of our nation.

- **Blog Writing Competition** – The participants wrote short blogs (not more 500 words) expressing their views and opinions on the given theme.
- **Poster Making** – The participants designed digital posters capturing the essence of vigilantism and prosperity of India.
- **Documentary Video Making Competition** – Participants created innovative documentaries taking instances from everyday lives through which they showcased the imperativeness of a Vigilant India.
- **Poem Writing Competition** – Participants taking part in this event tried to express the sync between vigilantism and prosperity through their beautiful play of words.

All the above events witnessed an enthusiastic involvement of more than 60 participants. The winners and participants were all awarded with e-certificates that were issued by Oil India Limited (OIL).

Judges: **Nidhi Singh** Maam, **Sonali Singh** Maam and **Renuka Mahajan** Maam.

The winners of the conducted events were as follows:

Event: **Blog Writing**

1st Position- **Samarth Agarwal**

2nd Position- **Tanisha Biswas**

3rd Position- **Shristi**

Event: **Poem Writing**

1st Position- **Aditi Tyagi**

2nd Position- **Kamakshi Khanna**

3rd Position- **Sarthak Agrawal**

Event: **Short-Documentary Video**

1st Position- **Auderya Bhowmick**

Event: **Poster Making**

1st Position- **Saransh Agrawal**

2nd Position- **Anubha Singh**

3rd Position- **Annu Kumar**

